

EDUCATION

2009 – 2012

Performing arts and acting course in Art J (PT)

2016–2018

Specialization in **Jacques Lecoq's pedagogy** at *Estudis Teatre Berté Tovács* (ES)

Physical Theatre

Roberta Carreri, **Julia Varley**, **Eugenio Barba**, **Thomas Prattki**, **Gabriel Chamé Buendía**, **Hernán Gene**, **Andrés del Bosque** (...)

Dance

Clara Andermatt (contemporary dance), **Netos de Bandim** (traditional dance Guinea-Bissau), **I wayan Bawa** (Balinese dance) **Lakshman Gurukul** (Kalaripayattu) (...)

TEACHING EXPERIENCE

2016

Movement Teacher at **Trigo Limpo Teatro Acert** with students from **Art J Theater School**, **Portugal**.

2018

Teacher at **Nô Tchôn Nô Arte**, international residency program in **Guinea-Bissau**

2019

Teacher of **Points Stone-by-Stone**, Intensive Physical Theater course in **Guinea-Bissau**.

2020–2022

Teacher of different **workshops** at **Nordisk Teaterlaboratorium** – **Odin Teater**, **Denmark**.

2023

Teacher of **Corpo Consciente** at **Bissau Guinean French Cultural Center**, **Guinea-Bissau**

Teacher of **Brinka Cirkus** at **Katchu** – **Pátio Das Artes**, **Guinea-Bissau**.

Teacher of **Voice Workshop** with **Ur.Gente Theater Colective**, **Guinea-Bissau**.

2024

Teacher at **ChungKang College of Cultural Industries**, **South Korea**.

JOÃO CARLOS SILVA



ACTOR

2013–2016

Ensemble actor in **Trigo Limpo Teatro Acert**

2018–2022

Ensemble actor in **Ikarus Stage Art** – **Nordisk Teaterlaboratorium** – **Odin Teatret**, **Holstebro** (Denmark)

2024

Actor in **Gassa D'Amante** – **Labirion Officine Trasversali** (Italy)

Actor in **Strømmen af Plastik** directed by **Karoline Banke**. *Premiere in Guinea-Bissau.*

DIRECTOR

2019

Sociedade Animal – Production **Apelarte**. Collaboration with **Karoline Banke**. *Premiere* **Guinea-Bissau**.

2023

Kaminhu Pa Matu Sagradu – Production **Apelarte**. Collaboration with **Karoline Banke**. *Premiere* **Festival Mangal** (Senegal)

2024

MAMA – FESTO by **Karoline Banke** – Acting and movement direction. **Festival DJINTIS** (GB)